

“Our people were truly energized, inspired and entertained!”

-ViewSonic Corporation

“GIVE ME 60
MINUTES AND I WILL
HELP IMPROVE YOUR
SUCCESS
BLUEPRINT.”

-Dr. Jamie Fettig

Jamie Fettig is well-prepared to

motivate,

educate,

and **energize**

you and all those who attend. Dr. Fettig is already a highly recognized leader in the Health and Wellness community. Charging into the college and business communities, Jamie will show you and the participants how to affect positive change in all areas of their lives.

5 REASONS EVENT COORDINATORS LOVE BOOKING DR. JAMIE FETTIG!

1. DYNAMIC SPEAKER

Your audience will Laugh, Learn and Be Inspired!

2. A LIFE-CHANGING MESSAGE

Jamie mixes enthusiasm and humor with motivational stories to deliver a very high content message that will surely “**Empower Your Audience to Achieve Extraordinary Results!**”

3. EXPERIENCED SPEAKER (Makes Your Job Easier)

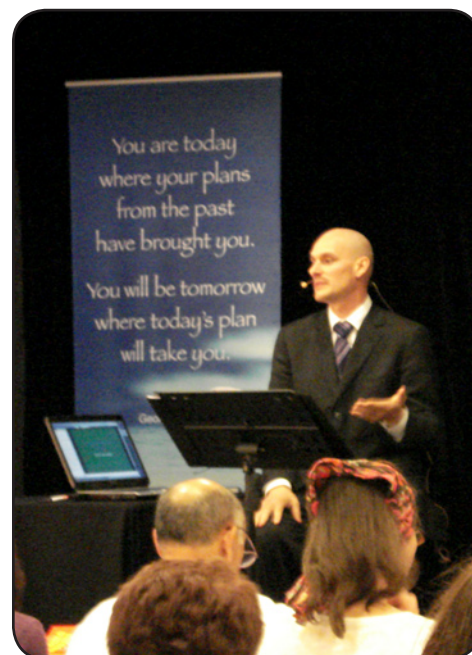
Jamie has delivered more than 100 motivational presentations for events worldwide. Jamie is now a full time speaker and is delivering over 120 motivational presentations every year.

4. SUCCESSFUL BUSINESSMAN

Jamie began his chiropractic career right out of chiropractic college. While in his twenties, Jamie worked with Dr. Mercola (www.mercola.com). Jamie currently owns two businesses.

5. CELEBRITY AUTHOR

Jamie is the author of 3 books and has read and researched over 1,500 books on Wellness, Health, and personal and professional development.



DR. JAMIE'S 300% GUARANTEE

I personally **100% GUARANTEE** your attendees will thank you as the organizer for bringing me in and they will tell you it was one of the best presentations they have ever seen.

I personally **100% GUARANTEE** to not only provide motivation and inspiration, but also simple, easy, action steps anyone can take to immediately begin making a difference.

I personally **100% GUARANTEE** the presentation will be so good, the first person you think of booking for your next event will be me.

CURRENT TOPICS

ENERGY MANAGEMENT – THE SECRET TO LEADERSHIP, TEAMWORK, AND POSITIVE CHANGE IN THE WORKPLACE 101 Times More Important than Time Management

60, 90 and 120 minute presentation

Get ready to laugh, learn and be inspired!

This motivational, inspirational, humorous and high-energy message is ideal for an opening or closing session as it is sure to **Refuel**, **Recharge** and **Reenergize** your audience while reminding them of the true importance of taking action: Managing Your Energy so it will influence the success of an organization and the individual.



RUNNING SCARED – HOW TO ELIMINATE FEAR AND TAKE ACTION

The Secret to a Success - Action

90 and 120 minute presentation

Get ready to laugh, learn and be inspired!

Many people have fear that stops them dead in their tracks. Whether it is sales professionals, students, employees, CEO's, and others, we all can be paralyzed by fear. Learn how you can not only be courageous and act despite the fear, but how you can actually train yourself to eliminate fear all together. Taking action will be a natural byproduct.

PRACTICAL STRESS MANAGEMENT FOR REAL PEOPLE

3 Secrets of Stress Management and Preventing Illness at Work and Home

Eliminating Stressors in Your Life is NOT 1 of the 3 S ecrets

Motivational Keynote 60, 90, or 120 Minutes

**Jamie's Most Popular Keynote Presentation*

(Ideal for Any Conference Opening or Closing Session)

Whether you are dealing with prospects, customers, associates, clients, employees, employers, family members, relationships or personal issues, stress is something we all have! This funshop is about simple, practical steps that anyone can take to help reduce the stress they experience in life.

SOME OF DR. FETTIG'S VALUED CLIENTS

Wellness Dimensions
Quantum Change Seminars
I-NLP
Masonic Center – Sydney Australia
New Hope Chiropractic
Inner Light
Dakota Eye Institute
St. Anthony's Hospital
Café of Life Wellness Center
NCIS
ND Workforce Safety
ND public Accountants Association
and many more

POWER OF BELIEFS AND _____™ (ex. Selling, Leadership, Teamwork, Success, Optimum Performance, Healing, etc.)

Changing Your Results by Changing Your Beliefs

Mind Focused Keynote 60 or 90 Minutes

In this program, Jamie shares secrets that will help your audience to succeed and advance in various areas of their lives; most importantly, the area of life that relates to each individual. *Dr. Jamie will customize the program to your audience's biggest concerns.*

OPTIMUM PERFORMANCE

7 THINGS TO BE HAPPIER, HEALTHIER AND TO INCREASE PRODUCTIVITY IN THE WORKPLACE

Presentation Speech 60 or 90 Minutes

This program is ideal for those wanting to get optimum performance from their Mind and Body in every area of their life. Dr. Jamie reveals his secrets that led him to be awarded "The Most Common Sense Approach" to optimum performance, while he was in practice helping people be well. These will all be simple, easy, and practical steps that your audience can implement immediately.

DR. JAMIE CAN CREATE A CUSTOM TALK FOR YOU – CALL FOR DETAILS

To see a detailed list of all Dr. Fettig's presentations go to www.Nitty-Gritty-Guy.com



AVAILABLE FOR:

- Keynote Speaker
- Commencement
- Leadership Training
- Corporate meetings
- Sales Training and Motivation
- Group or Organization Meetings
- Trips
- Seminars
- Banquets

SPEAKING FEES:

Free to \$10,000 – depending on:

- * How long the presentation/training is
- * Where the presentation is
(ND, CO, and sunny locations are cheaper)
- * If expenses are paid
- * If I can offer continuing education products
- * If block booking is available
- * If you are willing to promote me
- * If you charge a door fee to the participants

Ask me how to get **Free Books** for your attendees!

Every situation is different.

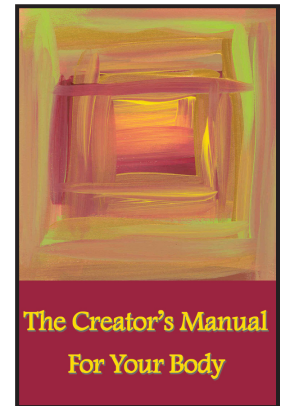
Call and we can discuss your specific situation.

The Creator's Manual For Your Body by Dr. Jamie Fettig

50 Ways to Refuel, Recharge, and Reenergize Yourself in Your Life

Everyone needs to be reminded of the importance of the basics in health and wellness. Wellness effects the success of an individual and an organization. Jamie offers simple suggestions, motivational quotes and inspirational stories that will help you to

refuel, recharge, and reenergize
so that you can produce greater results and be Well for Life!



RAVE REVIEWS FROM MEETING PLANNERS AND PARTICIPANTS

“Jamie is one of the most dynamic and moving speakers!”

-Shared Vision Network

Dear Amy,

We would like to thank you and Dr. Fettig for your informational Stress Management Workshop at National Information Solutions Cooperative. It was so refreshing to hear simple Solutions to life-long health. Our employees found it especially Comforting to learn this is not an “all or nothing” approach.

I also look forward to reading Dr. Fettig's *The Creator's Manual for your Body*. Being an avid reader. I just had to look it up on Amazon.com when I got back to my desk. I was pleased to see it had received an average review of five stars! This is the highest readership ranking for any book on Amazon.

Thanks again for sharing this wealth of knowledge with us.

Very truly yours,
Jennifer Skjod, Human Resources
National Information Solutions Cooperative

“After hearing you speak, I immediately booked you to speak at four other conferences!” -NACM Credit Services,Inc.

“You are the best speaker we've had...We are definitely bringing you back..!” -Bermuda International Business Association

Get Down to the Nitty-Gritty.

Producing Major Results with Minimal Effort.

**Making it extremely easy to UNDERSTAND, REMEMBER,
and most importantly, APPLY WHAT YOU LEARN.**

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DR. JAMIE FETTIG
“THE NITTY-GRITTY GUY”





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 Lakewood, CO 80227

“THE NITTY-GRITTY GUY”

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FREE MEETING PLANNERS TOOLBOX!

- How to Negotiate Fees
- 20 Questions to Ask Every Speaker Before You Hire Them
- How to Avoid Thousands in Hidden Speaker Fees
- Hiring a Speaker on a Limited Budget
- Checklist for the Perfect Program

visit www.Nitty-Gritty-Guy.com
 for these Free Reports and more!



Dr. Jamie Fettig

The Ideal Professional Speaker for Your Next Event

Jamie mixes **enthusiasm** and **humor** with **motivational stories** to deliver a high content message that **“Empowers Audiences to Achieve Extraordinary Results!”**

“The BEST speaker we’ve ever had!”

-National Association of Professional Organizers

“WOW! What a great speaker!”

-Tennessee HMO Assoc.

“Our people were truly energized, inspired and entertained!”

-ViewSonic Corporation

“Fantastic! Don’t be surprised if we call on you again!”

-Morgan Stanley Dean Witter

Nitty-Gritty-Guy.com

800.615.7606

720.279.4585

SUCCESS STARTS WITH ATTITUDE!